



CADET COOKBOOK RECIPE

Deployment spicy tuna casserole

Submitted by Toni

INGREDIENTS

One box Kraft Mac n cheese
Some butter (follow the box directions)
Milk (follow the box directions)
Some tuna (max one large can)
Hot Sauce of choice
Garnish as you like

DIRECTIONS

Using a microwavable bowl boil the noodles in water according to the box
-Alternatively, about 3 cups water,
macaroni in a microwave bowl about
9 minutes or until noodles are soft.
Strain as best you can.
Add butter and stir.
Mix milk and cheese powder in separate bowl. Add to mix.
Drain tuna and toss in.
Add hot sauce to your tolerance. (I always used tobasco but go crazy!
Nom away. Bon appetit!

